

Live*Life*Well

THE BENEFITS OF A TREE CHANGE



Life Pharmacy Group



The benefits of a tree change with Life Pharmacy Group (LPG)

The events of the past few years have caused many people to re-evaluate their lifestyle and think more about what is really important in life, for themselves and for their families.

A lot of the changes people are considering revolve around:

- Making more time for their families and loved ones.
- De-stressing their lives through lower mortgage payments/rents and reduced commute time.
- Finding time to invest in themselves either through sporting activities, education, hobbies or just general health and wellbeing.

Life Pharmacy Group are a team of locally owned, independent community pharmacies that are dedicated to providing the best healthcare to the communities we serve. Located in Western NSW and the ACT, Life Pharmacy Group started taking advantage of the benefits of decentralisation over 70 years ago!



WHY DID YOU STUDY PHARMACY?

A country pharmacy is a true community wellness hub. Our pharmacies provide a triage role in the primary healthcare system, where we are most often the first point of call for the communities we support with health issues. All of our pharmacies have multiple state of the art clinic rooms, which enable our pharmacists to perform their full scope of practice, providing a valuable service to our patients and referring them as necessary to allied health care providers.

When you think about why you studied pharmacy, part of the answer is no doubt your desire to help people and make a difference in a healthcare environment, rather than working in a busy transactional based big city store, where you are pumping out scripts and have limited time to interact with your patients. Think about what it would be like working in a pharmacy where you have time to chat to patients, get to know them over the course of their health journey and make a real difference in their day-to-day and ongoing health.

If you want to be a respected and recognised member of a local community, providing essential health services that make a real difference, why not reach out to us and discuss the opportunities we have right now for pharmacists?

Not only will you gain professional fulfilment, but also bank the many other benefits that come with a tree change, which include:



Affordability \$

Earn above award pay rates while living in areas where the housing and rental prices are a fraction of the big cities. Across our NSW country network, the median house price in 2022 was only just over \$500,000. Compare that to Sydney prices where the median house price is around \$1.25 million and where \$500,000 would be lucky to buy you a small apartment.



Time ⌚

Chances are you will live within walking distance to your pharmacy, or at most, a couple of minutes in the car or on a bike. Imagine not having to get up early and lining up to get on a crowded train or bus to work. Time is a finite resource, so why waste time sitting in traffic or on public transport. Imagine taking that time you spend commuting and putting it back into your day to spend with the family/loved ones to exercise, study or just to relax!

Technology 💡

No longer does living in the country mean you are a second-rate citizen with regards to technology. With high speed NBN at all of our locations, you can have access to all the entertainment streaming services you enjoy in the city.





Family

Imagine having the option to live semi-rural on a larger block on the edge of town, or on a farm stay. You and your kids would have access to a whole new range of outdoor activities and be able to enjoy the simple things in life, such as working your veggie patch, teaching your kids to ride a bike in a safe environment or fishing in a local waterway.



Education

Country living also provides easy access to quality education and childcare services. Bring your kids up in a low stress environment where they can enjoy being kids and play in a safe, fun and healthy rural atmosphere.

Activities

With no commute and minimal traffic you can take advantage of the various activities on offer in our country centres. This may include playing golf where the membership fees are cheap and you can tee off anytime!

You will have the opportunity to get involved in local organised sports including all the traditional offerings plus triathlons, running groups, cycling clubs and so on. Plus, in addition to the more active pursuits, all of our locations have a number of different groups with a variety of diversified interests from book clubs, business organisations and charity fundraising groups, through to hobbies such as flying clubs and woodworking groups.

In Summary

A great advantage of joining a rural community is that you will be welcomed by a friendly and supportive environment where help is always offered in times of need. Living a simpler life in the country with space and a slower pace of life can boost our mental and physical wellbeing.

Smaller populations with less contact, less traffic, less high-density living, and less pollution are a definite positive towards making the tree change. Living in a rural town will provide you a healthier, relaxed and safe lifestyle, making it easier to **Live Life Well!**

LPG... putting the *community* back into community pharmacy!

The award winning Life Pharmacy Group is renowned across the industry for being a leader in patient centric care particularly around the delivery of in-pharmacy professional service initiatives and local community engagement. Since the 1950's Life Pharmacy Group has grown to 11 stores all with state of the art clinic rooms and the latest in pharmacy robotics. The vision of the group is to offer the highest level of pharmacy care to all people in our communities.

Our Locations



NSW

Life Pharmacy Group have eight stores located throughout rural New South Wales. Each location exists within beautiful communities, within towns that vary in size. From spectacular Wine Tours in Orange to the vibrant New England Hotel in Armidale, each of these locations are the perfect place to experience a tree change.

Our Facilities



ACT

Life Pharmacy Group has three stores within Australia's Capital Territory. Experience the rush of a fast-paced city, full to the brim with museums, restaurants and trendy bars. Packed with a large range of schools and universities, ACT is perfect when considering bringing your family along, or starting one!

Are you interested in finding out more about a career in community pharmacy with Life Pharmacy Group?

Head to <https://lifepharmacygroup.com.au> or email careers@lifepharmacygroup.com.au



FORBES, NSW

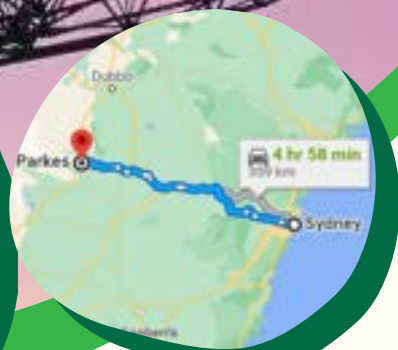
People often have misconceptions about living in rural New South Wales, however it is easy to live, work and invest in the Forbes Shire. The region offers vast employment and investment opportunities and has a thriving business sector. Forbes' primary industries are Agriculture and Manufacturing but it also has strong Construction, Real Estate and Health Care industries.

Forbes was established in 1861 and has a population of around 9,000 people with a median age of 43 years. The Forbes Shire is located on the Lachlan River in Central West NSW, just under 400km west of Sydney (5 hour drive), in Wiradjuri Country. The region encompasses an area of 4,718 square kilometres and comprises of the town of Forbes and small villages of Bedgerebong,

Garema, Wirrinya, Corinella and Ootha. The Forbes Shire Council advocates for a liveable and welcoming community, promoting health and wellbeing, recreational opportunities and social inclusiveness. The region offers all the advantages of a country lifestyle with all the convenience, services and opportunities of a main centre. With access to quality health care, services, education (private and public) and community activities, the Forbes region is a great location to live, play and work.

Along with all the normal activities you would expect in a country town, Forbes is also well known for its "Grazing down the Lachlan" annual food festival, Sculpture Trail, and nature reserves, including fantastic wetlands and bird hides.

Parkes NSW



There are usually two things that initially draw people to Parkes in the Central West region of NSW. First is 'The Dish', the giant radio telescope that played an integral role in the 1969 Moon landing. The second is the iconic Parkes Elvis Festival, a rollicking annual event that has become a world-famous pilgrimage for Elvis impersonators and fans alike. However there's so much more to explore here.

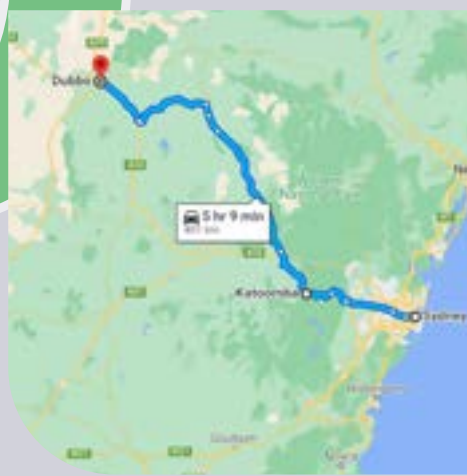
Parkes is located in the Central West regions of NSW approximately 350km or a 5-hour drive west of Sydney and around a 20min drive north of Forbes. With a regional population of around 12,000 people, The Parkes Region boasts a diverse economy with strong industries including transport, mining, health care, tourism, agriculture, and public administration.

With its central location, Parkes allows businesses to connect with suppliers and customers quickly, with over 80% of the Australian population able to be reached by road within 12 hours.

Parkes is also serviced by a regional airport with several return flights daily between Parkes and Sydney and is also accessed by daily coach and rail services to and from Sydney. The Parkes Region is a great place to live and raise a family, with affordable housing and great lifestyle, diverse employment opportunities, health services including a new hospital, quality educational facilities, a strong sporting culture and first-class community facilities.



DUBBO



The Dubbo Region outshines many big cities in both affordability and liveability, and with an impressive range of housing options, health, and education services, and little to no work commute – your quality of life is second to none. Relish the vibrant atmosphere of a regional city with room to live, work and grow. In Dubbo you can forge a career, study for that long-awaited university degree, all while spending quality time with your family with all the amenities of a major city.

Dubbo is a New South Wales city located 400km north-west of Sydney. With a population over 35,000, the city is the 14th most populous place in NSW. As a regional hub for central western NSW Dubbo boasts a variety of industries, health hubs and educational facilities. These include the Dubbo Base Hospital – which is a major rural referral providing critical care, specialist medical inpatient and outpatient services, surgery, mental health and many specialised allied health and medical outreach services to a catchment population of approximately 150,000 people. Dubbo is also the location of several public and private schools along with campuses of Charles Sturt University, The University of Sydney and TAFE.

As a major tourist hub, Dubbo is well known as home to the Taronga Western Plains Zoo. Established in 1977 this 300-hectare open range zoo features animals from around the world and is focused on the conservation, breeding and preservation of a variety of endangered species.



Bathurst, NSW

Located around 250km (or just under 3 hours drive) west of Sydney, Bathurst is a thriving city home to almost 40,000 people. Bathurst is in fact the oldest inland colonial settlement in Australia having first been established in 1815. Bathurst is often referred to as the Gold Country as it was the site of the first gold discovery and where the first gold rush occurred in Australia. Today education, tourism and manufacturing drive the economy. The internationally known racetrack Mount Panorama is a landmark of the city. Bathurst has a historic city centre with many ornate buildings remaining from the New South Wales gold rush in the mid to late 19th century.

The median age of the city's population is 35 years; which is particularly young for a regional centre (the state median is 38), and is related to the large education sector in the community. Bathurst is one of the fastest-growing urban areas in New South Wales outside Sydney and this growth over recent years has resulted in increased urban development, including retail precincts, sporting facilities, housing estates and expanding industrial areas. Home to a campus of Charles Sturt University with over 1,500 students onsite, Bathurst has a large variety of public and private educational options. With a beautiful backyard, close connections to cities via car, plane and train and a vibrant community, the only regret you'll have is that you didn't call the Bathurst Region your home sooner.

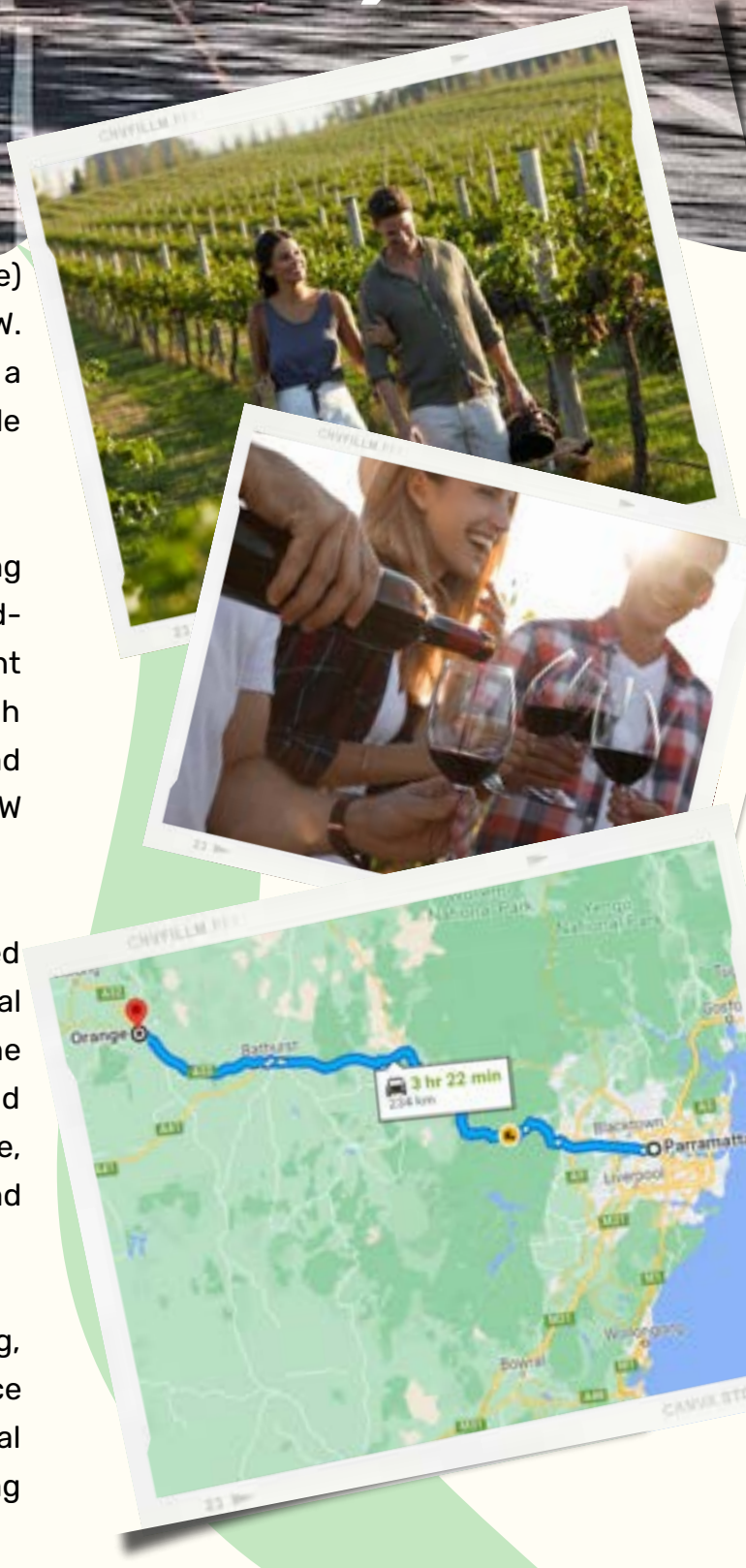
ORANGE, NSW

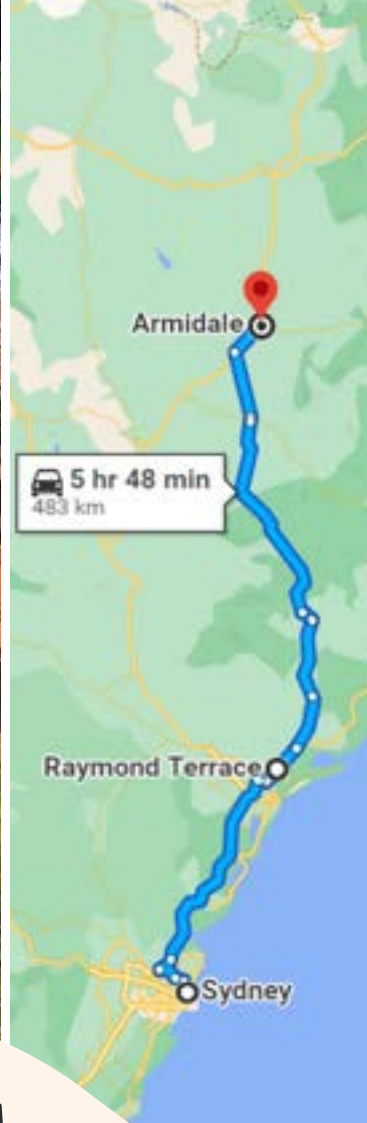
Orange is located around 250km (or 3 ½ hour drive) west of Sydney in the central tablelands of NSW. With a population of just over 40,000 Orange is a significant regional centre well known for its lifestyle appeal.

Perfect for any time of year, Orange is a thriving country town as rich in heritage as it is in award-winning restaurants, boutique shops, magnificent gardens and bustling markets. Famed for its rich produce-yielding soils, cool climate wines and spectacular scenery, this gateway to Country NSW will keep you coming back.

From apples and berries to truffles and grass-fed beef, Orange is renowned for its produce. Enjoy local wines paired with contemporary cuisine at one of the many acclaimed restaurants. There are also around 60 vineyards that dot the surrounding countryside, like Philip Shaw, Nashdale Lane, Ross Hill and Swinging Bridge.

The economy of Orange is diverse and growing, benefiting from recent mining and health service activities. Orange is well-served by educational facilities and community infrastructure, making Orange the ideal place to call home.





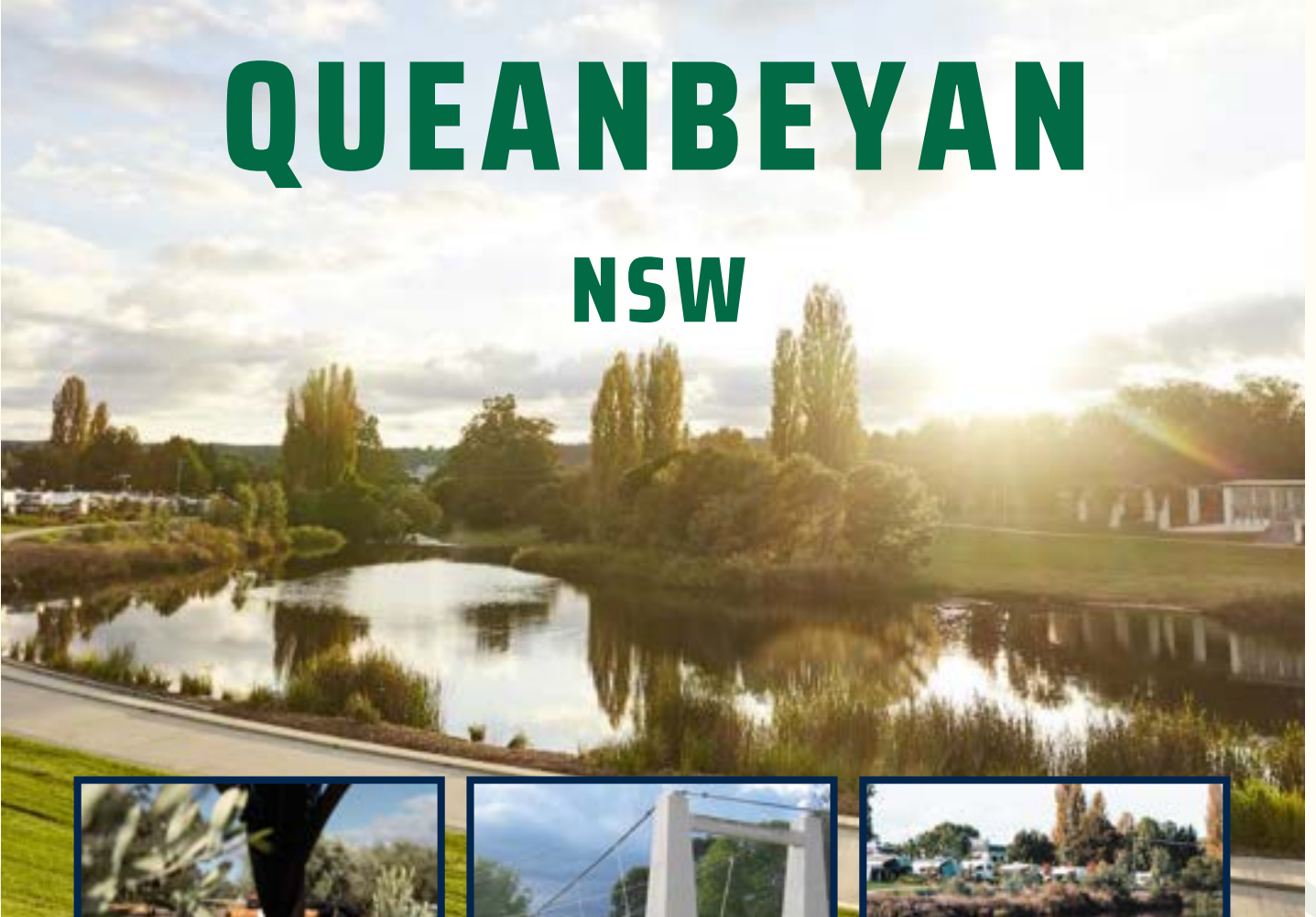
ARMIDALE NSW

Armidale is a city of around 25,000 people located 500km north of Sydney and 500km south of Brisbane. This picture-postcard university town is the main hub of the wildly beautiful New England High Country. With wide leafy streets and heritage architecture, the town itself is a delight, but add in world-class rock-climbing sites, a booming wine industry, a great regional gallery and four national parks, and you've got a destination where you'll feel deeply connected to the land, and yourself.

The city has four distinct seasons and it becomes like New England in the USA when in autumn the introduced birch, ash and poplar set the district ablaze with reds, golds and browns. Although the university now dominates the city's economy, it is still in a rich and fertile area where grazing and the production of high-grade fine wool are the major source of local income. The historic agricultural wealth of the district is apparent in some of the city's fine heritage buildings. The scenery around Armidale includes forests, mountain gorges, and waterfalls (Wollomombi Falls are one of the highest in Australia). Armidale is also known for its gracious city parklands, its schools and its impressive Anglican and Catholic cathedrals.

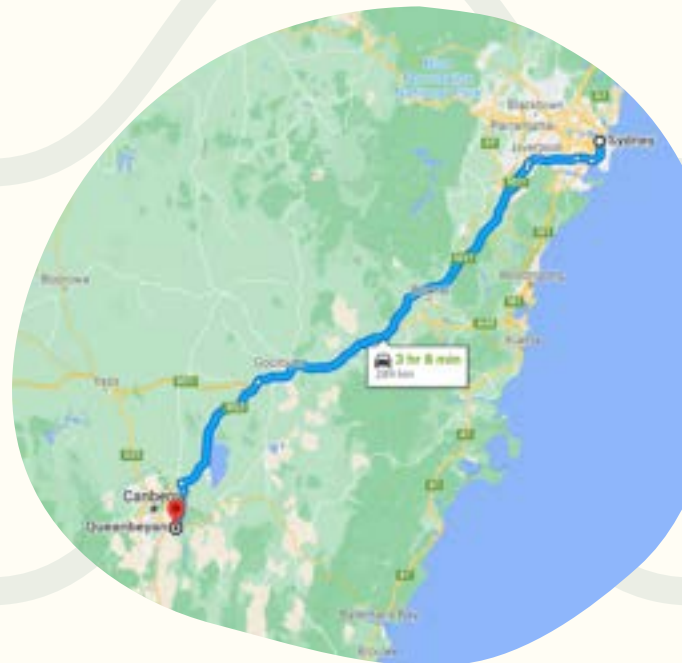
QUEANBEYAN

NSW



Queanbeyan is a city of nearly 40,000 people located almost 300km (or 3 hours drive) south west of Sydney. Queanbeyan's economy is based on light construction, manufacturing, service, retail, and agriculture. Canberra is located 15 kilometres to the west which means Queanbeyan is also a commuter town for those working in Canberra.

With a lower cost of living than the ACT, Queanbeyan offers affordable lifestyle benefits whilst being in close proximity to the major city of Canberra. Recent property development has also enabled a large range of housing choices in the area, new to old, small blocks to acreage, studios, units and townhouses.





ACT – WESTON CREEK, WANNIASSA & CONDER



Weston Creek, Wanniassa and Conder are all town centres located within Canberra, one of Australia's best-kept secrets. Much more than just Australia's capital, it is welcoming to students, businesses, professionals and families. A progressive, vibrant, and beautiful place to live, it's Canberra's contrasts that make it such a great place to call home. While it is well known as the seat of federal government, it is far from a formal city with an easy lifestyle and strong community vibe.

With a population of around 400,000 people, Canberra is Australia's most physically active city and also has the highest average income, highest level of education and lowest unemployment in Australia.

With all the advantages you would expect from a city with a large population, Canberra still retains a country feel and is a very liveable city with a wide variety of artistic, educational and sporting options on tap.

