

Nurses join pharmacies

FORBES residents now have increased access to nursing services.

Three nurses, with specialties including child and family health, and aged care, are now available to help patients at Flannery's and Life Pharmacies in Forbes.

The service is designed to provide the community with an alternative walk-in clinic, allowing residents in the Forbes and surrounding areas to access additional healthcare support without an appointment.

"We're really excited to be offering patients in the Forbes region more healthcare support, and choices,"

Pharmacist in Charge at Flannery's Pharmacy, Kate French, said.

"We want to create a health hub within the pharmacies to allow patients to walk in, without an appointment, and receive face-to-face care from either a pharmacist, or a nurse."

Registered Nurse, Claire Nicholson, is based at Life Pharmacy each Tuesday to assist with child and family related matters such as breast-feeding support, nutrition, sleep and settling support. Claire also provides vaccinations, blood pressure checks, and wound care.

Registered Midwife, Evin



Claire Nicholson is based at Life Pharmacy each Tuesday, Evin Penney at Flannery's each Thursday and Brian Dunn at Flannery's Monday to Friday.

Penney, is at Flannery's Pharmacy each Thursday and offers support for new parents including breast-

feeding and baby weights. Evin also provides vaccinations, blood pressure checks and wound care.

While Brian Dunn, who is an Endorsed Enrolled Nurse with over 12 years experience in aged care, will be available at Flannery's each weekday to assist with mobility aids, National Disability Insurance Scheme, blood pressure and glucose level checks, incontinence, and wound care.

"Claire, Evin and Brian bring such a varied and specialised set of skills that is hugely beneficial to the Forbes community," Kate said.

"If you'd like to find out more about the services available, and how one of the nurses can assist you or your

family, please come in and have a chat."

As we approach the winter months, those aged over six months are also recommended to receive an annual influenza vaccination.

Flu vaccines are available, without charge, under the National Immunisation Program for all children 6 months and under five years; adults over 65 years; and specific populations who are at increased risk.

Flannery's Pharmacy can vaccinate anyone 10 years and older. Families with younger children please contact Life Pharmacy to book.

- NEWSROOM

Oxley CWA skills shine at handicraft day

OXLEY Group CWA held their annual 'The Land' Cookery and Handicraft Day on Tuesday, March 5 in Cindobolin.

The cooking section saw 21 entries in 10 sections ranging from boiled fruit cakes, butter and sultana cakes, marmalade and more.

The Land Cookery Judge said, "judging is based on size, texture, consistency and overall taste".

Cooking Officer for Oxley Group CWA, Linda Brangwin commented, "It was wonderful to see all eight branches in Oxley Group represented". Judge, Anne McIntyre, said, "All entries were of good quality, with care taken on presentation".

Although organisers were pleased with the entries they commented, "We had capacity to judge more, and would have loved even the novices to try their hand".

Our Champion Cake was an apricot roll entered by Ruth Worthington from Worthington from Kiacatoo.

For the Handicraft section there were three branches fiercely contesting this event. There were a huge range of materials and techniques entered. The Handicraft Judge, Carol Harris, was kept busy for much of the day commenting, "all entries were of a high standard".

The Eight Item Group Competition was won by Forbes CWA Branch, with

Elaine Bright's knitted beading named as the Champion Item and being described by the judge as, "just beautiful, intricate work".

Tullamore won the Branch Challenge of four spectacle cases. Myamley Branch member, Janette Manwaring, won 'The Land' Champion Article and 1sts for her smocking, while Zelma Grayson from Forbes CWA won the trading table Champion piece with a bookmark.

Janette also won the Over 80's section with her smocking, while fellow Myamley CWA member, Lauren Gibson, gained 2nd in this section with her knitted barby set.

Carol Harris described

them as, "beautiful pieces of work showing skill and passion".

Winning entries in Handicraft will now progress to State and be judged at the CWA State Conference being held at Coffs Harbour in May. Congratulations to Linda Brangwin and Lesley Jelbart for their organisation of the successful day.

There are sections for all ages in both the cooking and handicraft sections, gender is not a barrier for entry in The Land Cookery and Handicraft Competitions next year.

Contact your CWA branch in your community and ask for information and please read the schedule.

- SUE CUNNINGHAM



Anne McIntyre judging a butter cake with Linda Brangwin and (right) Champion item in group competition - knitted beading by Elaine Bright, Forbes branch. Pictures supplied



ADVOCATE

FORBES SHIRE COUNCIL "Serving the Community" Public Notices

NEXT COUNCIL MEETING WILL BE HELD THURSDAY 18 APRIL 2024 COMMENCING 1PM

POSITIONS VACANT

Urban Services Operator (Town Presentation/Green Space Specialist)

An exciting opportunity is available in the Town Presentation Team. If you love gardening and working outdoors in a team environment, this is for you.

Permanent – Full Time
Closing date 14 April 2024

Payroll and HR Systems Officer

Rare and exciting opportunity to join a dynamic HR and Payroll function in Government with a strong local presence. Be mentored by an industry expert.

Permanent – Full Time
Closing date 14 April 2024

Senior Safety Officer

A rare and exciting opportunity has become available for a Senior Safety Officer to join the Forbes Shire Council workforce.

Permanent – Full Time
Closing date 14 April 2024

Livestock Exchange Operator (Multiple positions are available)

An exciting opportunity has become available at the Central West Livestock Exchange (Saleyards) for a Livestock Exchange Operator to join the team.

Permanent – Full time • Closing date 14 April 2024

NETWASTE COMMUNITY SURVEY

NetWaste has created a community survey to help us understand our community's knowledge and behaviours around waste and waste collection, including FOGO and Recycling bins.

To help us better serve the community, complete the survey now at <https://www.surveymonkey.com/r/PLF6iv1>
Survey Closes Tuesday 2nd April 2024.

REQUEST FOR TENDER NOTICE 2024-12 MULTI-PURPOSE EQUESTRIAN CENTRE ELECTRICAL AND LIGHTING (STAGE 1).

Tenders are invited for the Multi-purpose Equestrian Centre Electrical and Lighting (Stage 1).

Tenders are to be lodged through Council's e-tendering portal, Tenderlink www.tenderlink.com/forbes. For further information, contact Council's Governance Officer – Procurement on (02) 6850 2300 (Option 4) or refer to Council's website www.forbes.nsw.gov.au. Canvassing of any of Council's staff or Councillors will disqualify tenderers from the tendering process. The lowest of any tender will not necessarily be accepted. Submissions close 19 April, 11am.

DRUMMUSTER

A new home for @drmmuster.chemclear has been found in Forbes. Forbes District Lions Club has entered into an agreement with Council for the drumMUSTER program to operate from the Forbes Recycling and Waste Depot. Lions have advised that collections will be received on the second and last Friday of each month (holidays permitting), bookings are essential. Call 6852 1488 for bookings and enquiries.

MOBILE PHONE AND ACCESSORIES RECYCLING

Any unwanted handheld device such as a smart phone, key pad phone, tablets, hands free, Bluetooth, batteries and all related accessories can be recycled but not through the yellow lid recycling bin. You can drop off such items at the Council office, Forbes library or at Woolworths Forbes. The contents are sent to an authorised recycling facility. Through recycling process, they transform the components from such devices into valuable materials for reuse. It means that fewer raw materials need to be extracted and processed to make new products.

CENTRAL WEST RECOVERY AND RESILIENCE PACKAGE

The NSW Reconstruction Authority is leading and coordinating the Central West Recovery and Resilience package for flood affected communities in the Central West. You have the opportunity to share your thoughts on the housing program by completing the **Have Your Say** survey online at <https://www.haveyoursay.nsw.gov.au/Central-West-Recovery>
Survey responses have been extended to Tuesday 30 April.

RURAL RECOVERY SUPPORT SERVICE

Invoice Support

Get advice and support to lodge your invoices for RAA AGRN 1030 and 1034 grants. Each Tuesday 10am – 2pm • 2nd, 9th and 16th April 2024
Forbes Shire Council Committee Room • 2 Court Street Forbes.

COUNCIL HERITAGE ADVISOR

Have you got a project in mind for your heritage building in Forbes? Council's Heritage Advisor will be available for advice and pre-development meetings and site visits between Tuesday the 2nd and Thursday the 4th of April. This service provides owners an opportunity to discuss their buildings and ideas with a qualified heritage architect. Contact Council's Town Planner to book your meeting today, on 02 6850 2300.

NEW SHARED PATHWAY - GOLDRIDGE ESTATE TO NELSON PARK

Council will be constructing a new Shared Path along the northern side of Bogan Gate Road, from Farnell Street to Edward Street, then to Federation Boulevard in Goldridge Estate. This project aims to improve connectivity of North Forbes to the CBD. This is part of a larger strategy being the Pedestrian and Cycling Strategy and Council's Strategic Plan. The works will be completed by the end of the financial year. Council staff will keep communication lines open with the community and residents along Bogan Gate Road and will ensure any changes are communicated quickly and effectively. Council is committed to continuous improvement of shared pathways and accessibility to the CBD for our community. If you have any additional information, please contact Council's Manager Work on 02 6850 2300

Disclosure Statement of Political Donations and Gifts: The Local Government and Planning Legislation Amendment (Political Donations) Act 2008 states that a person who makes a planning application (i.e. DA) or submission to Council is required to disclose reportable political donations and gifts made by any person with a financial interest in the application to a Councillor(s) or Council employee(s) within the past two years. Privacy Notification: Submissions made to Council are considered public access documents under the Government Information (Public Access) Act 2009. Personal information such as your opinion, name and address may be made publicly available including via Council's website.